

Targeted Violence Interview Sheet

TARGETED VIOLENCE

Have they recently made a threat against another person, place, or organization? ☐ Yes ☐ No

If yes, which best describe the threat? ☐ Vague threat to save face ☐ Vague threat to at person

☐ They were upset and threatened to intimidate. ☐ Detailed threat lacking specificity to a person ☐ "Do this or else" ultimatum ☐ It was clear they would carry out the threat

Did the threat mention a specific location? ☐ Yes ☐ No. If yes, describe:

Did the threat mention a specific date or time? ☐ Yes ☐ No. If yes, describe:

Do they have a history of making such threats? ☐ They make threats occasionally

☐ They make threats all the time ☐ They made threats before, but this latest seems more serious

Have they researched information on the target of their threat? Check all that apply

☐ Workplace ☐ Mapping routes ☐ Asking peers about target ☐ Assessing cameras
☐ Vehicle ☐ Observing schedule ☐ Asking about family or home

Do they hold an intense, passionate viewpoint they are unwilling to shift from? ☐ Yes ☐ No

If yes, what is the viewpoint related to? ☐ Social justice ☐ Religious ☐ Politics ☐ Immigration

☐ Abortion ☐ Anti-LGBTQ+ ☐ White supremacy ☐ Anti-government ☐ Antisemitism

How long have they held this viewpoint? ☐ Years ☐ Months ☐ Days ☐ Unsure

Do they feel so strongly about this belief that they may engage in violence because of it? ☐ Yes ☐ No

Do they share this viewpoint with others to argue or express their frustration? ☐ Yes ☐ No

Have they shared fantasies verbally or on social media about harming others? ☐ Yes ☐ No

Do they hold onto a past grievance or injustice and view it as deterministic to their future? ☐ Yes ☐ No

Do they have a sense of entitlement or that they are "owed" a certain way of being treated? ☐ Yes ☐ No

Do they use/misuse stimulant medications (e.g., steroids, Adderall, Ritalin cocaine, meth)? ☐ Yes ☐ No

Have they talked to others about feeling suicidal? ☐ Yes ☐ No

What method(s) for killing themselves have they shared? ☐ Shooting ☐ Hanging ☐ Drowning

☐ Jump from height ☐ Overdose ☐ Burn/cut self ☐ Get hit by car. ☐ Drive into something

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Have they mentioned when they would do this? ☐ Soon ☐ Soon, but vague
☐ If things don't get better ☐ This weekend ☐ Today ☐ No timeline

Do they consume ultra-violent content (e.g., watching videos of death, visiting websites depicting horrible accidents) and generally glorify violence and violent actions in society? ☐ Yes ☐ No

CHECK BOX THAT BEST FITS

	Frequent	Occasional	Rarely	Never	Unsure
Describes others as negative/disempowered?					
Do they lack empathy for other perspectives?					

Do they have access to weapons or firearms? ☐ Yes ☐ No Check all that apply: ☐ Handgun
☐ Rifle ☐ Explosives ☐ Knives or swords ☐ Explosives ☐ Poison ☐ Combustibles.
☐ Volatile chemicals ☐ Martial arts weapons

Have they obtained or researched how to obtain any of the following? ☐ Carrying harness.
☐ Body armor ☐ High-capacity magazines ☐ Optic systems/lasers
☐ Combat gear like tactical knee or elbow pads ☐ Large amounts of specialty ammunition

Have they recently experienced loss of any of the following? ☐ Yes ☐ No If yes, check all that apply

☐ Meaningful romantic relationship ☐ Apartment, house ☐ Loss of job
☐ Friends or social group ☐ Death of close friend/colleague ☐ Death of partner
☐ Academic major or internship ☐ Reduction of athletic team play ☐ Financial loss

Have they recently experienced any of the following? ☐ Yes ☐ No. If yes, check all that apply

☐ Parental divorce or family stress ☐ Doxxing (sharing personal info) ☐ Harassment
☐ Intense financial pressures ☐ Demotion at work, conflict ☐ Sexual assault
☐ An intense embarrassing event ☐ Reduction of play time on team ☐ Stalking
☐ Relapse after sobriety ☐ Failure to pass pledging process ☐ Bully or teasing
☐ Chronic stress ☐ Intense feelings of homesickness

PROTECTIVE FACTORS

Do they have friends and social connections that support them during difficult times? ☐ Yes ☐ No

Do they have a safe place to talk through ideas/concerns free from criticism? ☐ Yes ☐ No

Do they have supports (family, religious, academic, work) that help during difficult times? ☐ Yes ☐ No

Do they have hobbies, activities, pets (or other) that offer solace during times of stress? ☐ Yes ☐ No

While potentially frustrated in the moment, do they keep their frustrations in perspective? ☐ Yes ☐ No

How do they identify their religious affiliation? List:

If they have spiritual or religious beliefs, do they find solace in them? ☐ Yes ☐ No

Do they have a hopeful view of the future? ☐ Yes ☐ No Do they have access to treatment? ☐ Yes ☐ No

Do they have a cultural, religious, or personal belief against committing suicide? ☐ Yes ☐ No

Do they have problem solving skills and a sense of resiliency to overcome challenges? ☐ Yes ☐ No

Do they have a sense of purpose and/or larger sense of meaning in life? ☐ Yes ☐ No